

ABOUT BOOKS

Eastern Montana

By Leland and Lynna Howard
Published 2014 by Al'Myra Communications, Miles City, MT
\$24.95 softcover

Brother-sister duo Leland and Lynna Howard celebrate Montana's prairie region with their new book, *Eastern Montana*, which underscores the beauty of this unsung landscape with striking images, poetry and creative descriptions.

Leland, an award-winning nature photographer, logged over 10,000 miles in order to photograph the high, wide expanses of the eastern half of the state. His sister, an accomplished writer, provides clear, contemplative text for a book that was three years in the making.

Color photographs of the mountains, rivers and prairies that define life on the northern plains, along with a map pointing to the photographs' locations, make this an armchair road trip for locals and aspiring travelers alike.

"Rugged beauty and thoughtful analysis of the people and places that make up Eastern Montana combine to make this book well worth reading. It's a lot more than just spectacular photos. Even old-time Montana lovers will come away infused with a deep new appreciation of its way of life," writes Kitty Delorey Fleischman, publisher and editor of *Idaho* magazine.

Leland "Lee" Howard is a professional photographer whose credits number in the thousands and include the National Geographic Society, Hallmark, Warner Brothers, MGM, and many others. His sister is a professional writer who works for corporate clients, and as a freelancer, frequently teaming with her brother to create adventure travel articles and books. She's a member of Women Writing the West, and a founding member of Great Rift Writers.

Proceeds from the book will support the Global Health Equity Foundation (GHEF), a non-profit organization that seeks to improve access to healthcare in underserved communities.



The French Cook, Soufflés

By Greg Patent, photographs by Kelly Gorham
Published 2014 by Gibbs Smith, Layton, UT
\$21.99 hardcover

Missoula baker and cookbook author Greg Patent focuses on soufflés in the latest contribution to his French Cook series. The elegantly assembled and photographed book shows readers that this light and airy egg dish is not just for formal occasions and isn't that daunting to prepare.

A means to beat egg whites, a sauce pan, and an oven-proof dish are the basic tools required for turning out a hot soufflé. The chilled version has plenty of container options, easily found in most kitchens.

The key to a successful soufflé is in the egg whites, and Patent offers tips on getting the best results.

Chapter one is devoted to savory selections, from classic cheese to smoked salmon, to a variety of vegetable choices. These may be used as a starter for a meal, a complement to the main entrée, or as the centerpiece for a luncheon.

Chapter two offers delicious ideas for hot dessert soufflés, including chocolate, Meyer lemon, Grand Marnier and huckleberry, to name a few. For a twist on the usual presentation, try the Vanilla Crepes Soufflé, topped with a bittersweet chocolate sauce.

The cold dessert soufflés in chapter three offer a delightful way to use seasonal fresh fruits like raspberries and strawberries.

Rounding out the book is a chapter on basic recipes that Patent suggest readers "will want to make a part of your standard culinary repertoire and are sure to use again and again. Some of these recipes are components of my soufflés, while others are accompaniments to them."

Abandon your fear of falling (egg whites that is) and indulge in any one of the author's choices for a delicious and satisfying treat. You won't be disappointed!

Patent is an award-winning cookbook author, notably for *Baking in America* and *A Baker's Odyssey*. He has written for several national food magazines, is a regular contributor to the *Missoulian* newspaper and *Missoula Magazine* and he co-hosts a weekly Montana Public Radio show, "The Food Guys." Patent resides in Missoula with his wife, author Dorothy Patent.

— Judy Shafter

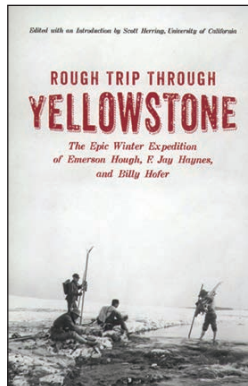
Rough Trip Through Yellowstone

The Epic Winter Expedition of Emerson Hough, F. Jay Haynes, and Billy Hofer
By Emerson Hough; edited with an Introduction by Scott Herring, with photographs by F. Jay Haynes
Published 2013 by Riverbend Publishing, Helena, MT
\$14.95 softcover

Talented journalist Emerson Hough was sent west in 1894 by *Forest and Stream* magazine to document the number of buffalo (estimated to be between 150 and 200 head) remaining within the borders of Yellowstone Park. This book compiles 14 of the articles he wrote about this fascinating trip.

He headed to Yellowstone in March, under the assumption that bison would be concentrated in winter feeding grounds and easier to observe. What he didn't know is that Yellowstone often clings to winter, with temperatures dropping to -40 degrees.

The mode of travel was 10-12-foot wooden skis, propelled (or braked) with a long wooden pole. Hough had never skied before, and his introduction was one afternoon's lesson with seasoned guide Billy Hofer. Each man dressed in layers of wool, with a canvas outer coat to cut the wind, and each



lugged a camera: Hofer's weighed over 25 pounds and Hough's was more than 10 pounds.

"No possible regimen or system of exercise would put a man in as splendid shape as a month's trip through the mountains on the skis," noted Hough, optimistically. The enormous strength and fortitude required to duplicate this 200-mile trip is daunting even with today's modern equipment and clothing.

While in Yellowstone, the journalist observed the arrest of a notorious buffalo poacher and his excellent reporting helped propel Congress into passing the Lacey Act, giving teeth to the National Park Service's efforts to prosecute poachers.

He also reported on a very controversial proposal to portion out the northern section of the park for a railroad spur that would have connected the mines of Cooke City to major lines of transport. The proposed "segregation" of land would have included crucial winter-feeding grounds for thousands of elk.

Hough's skillful reporting gives readers an intimate look at the conditions and character of Yellowstone Park during the latter part of the 19th century. "It was a journey for a lifetime," he wrote, and contemporary readers are fortunate to be able to travel along with him in this historically significant and thoroughly entertaining read.

The book includes photographs by F. Jay Haynes, dubbed the "Official Photographer of Yellowstone National Park" and an important photography pioneer. Editor Scott Herring teaches at the University of California Davis. He worked in Yellowstone Park and maintains a strong bond with the area.

— Judy Shafter

Eighty Years in Montana

By Lori Micken
Published November 2013 by AuthorHouse, Bloomington, IN
\$19.95 softcover

Livingston author Lori Micken describes her memoir as a "fractured autobiography" that weaves lyrical essays and poems into her life's story. Born in Cut Bank in 1932, she was handed over to her maternal grandparents to raise at just two weeks old.

Micken vividly and affectionately describes growing up in the wind-blown Hi-Line town, where school days, the war years, her first horse, and the joy of having cousins for best friends defined her world. Raised in a loving environment, she was instilled with a sense of responsibility and independence at an early age.

Micken's college education began at Northern Montana College in Havre. She took her first job in Livingston, where she taught science and physical education.

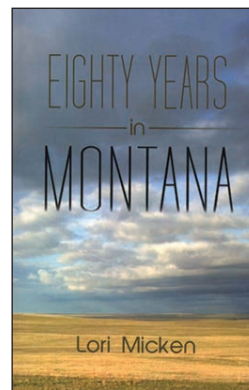
The dream to have a place of her own, built with her own hands, became a reality in the late 1950s when she and a friend constructed a cabin on land leased from the Forest Service. Returning to the cabin in the summertime is still a great joy, providing her with opportunities to quietly observe nature and reflect upon its beauty in her essays and poems.

With warmth, humor and clarity, Micken describes her adventures and misadventures, in a long and colorful life. "I've come to realize people and buckets are a lot alike," she writes. "We start out bright and shiny, full of not very much but air. We learn to work, to come back from hard knocks, developing personality ... We are both adaptable, useful items made to last for years of hard work."

Settled for "a third of a century" on a small ranch outside of Livingston, she still fishes, hikes, cuts firewood, and plows snow in winter.

Prior to this book, Micken published several magazine articles, authored two books of western poetry, a historical novel and a western novel, *Scattered by the Winds*. For a dozen years, she participated in "cowboy poetry" gatherings, reading her original works.

— Judy Shafter



The Era of the Chalets

1914-2014, A Photographic Journey through Historic Granite Park and Sperry Chalets in Glacier National Park, Montana

By Bret Bouda
Published 2014 by Digital Broadway Publishing, LLC, Kalispell, MT
\$44.90 hardcover

Professional photographer and avid hiker Bret Bouda has assembled a beautiful collection of his photographs taken at, and around, Glacier National Park's two remaining backcountry chalets.

These sturdy stone buildings that welcome hundreds of hikers each year have stood the test of time – a century – and are all that remains of a backcountry system that once boasted eight chalets. The two structures were temporarily closed in 1992 when disposal and water systems needed to be upgraded. A Save the Chalets campaign successfully brought them back to life to welcome day hikers and overnight guests for, hopefully, many years into the future.

Both chalets can be reached by a few different routes, which Bouda details in his book with accompanying photos that point out the lakes and peaks hikers will encounter along their way. Panoramic shots spanning two pages offer magnificent views of Glacier's peaks, flora and fauna.

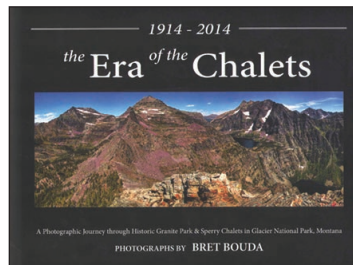
The individual histories of the buildings are nicely summarized and some historic black and white photos are included.

What really comes through in this work is the author's deep affection for the chalets, and Glacier Park in general. "The mission of this book is to help preserve and maintain these two Hallmarks of History so there will not be another closure as in 1992," he writes.

Likely, anyone who has dangled their feet over the edge of the porch at Granite Park Chalet while staring at Heavens Peak, or enjoyed a hearty meal at Sperry and looked up to see curious mountain goats staring in the dining room windows, cannot help but feel a nostalgic tug-of-the-heart for these two historic hotels. Long may they live!

The Kalispell photographer's other books on the park are *Glacier Classics*, *Glacier Park Wide* and *Jammin'-to-the-Sun*. View his photographs, and download his books online at www.digitalbroadway.com.

— Judy Shafter



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